

Community Resource

OutSmart has plans to publish a separate directory of community resources. If the information for your GLBT community group is not listed below, or if you need to make a change, please call Ann Sieber at 713/520-7237, or e-mail ann@outsmartmagazine.com. We will run community listings in the magazine once every few months until we publish the directory. Divisions are listed alphabetically: **Community, Counseling/Support, Health, Professional, Religious/Spiritual, Social, Sports, Youth/Parents.**

COMMUNITY

• **Adoption.** Family to Family Adoption Services is an adoption networking agency in partnership with several nonprofit adoption agencies who are dedicated to finding loving homes for thousands of orphans. They sponsor a free workshop for prospective adoptive parents seeking more info about adopting children from China, Russia, Ukraine, India, Romania, & Guatemala, as well as domestic adoptions. Single men & women and couples from 25-60 years old are eligible. Info and/or next workshop date: 713/219-1472 or 713/294-5941 or Fam2fam@aol.com.

• **"After Hours"** is a late-night radio show in which a different host and crew present interviews, music, and mayhem. Saturdays, midnight-3 am, KPFT 90.1 FM, 419 Lovett, 713/526-5738.

• **Alpha Lambda Organization** serves the social, cultural, and political needs of the gay and lesbian students at the University of Houston Downtown. Meets Tuesdays 2:30-4:30 pm, UH Downtown, 1 Main St., Ste. 1016-S, 713/221-8921, wrightc@zeuz.dtu.edu.

• **The Amazon Xociety** is an intergenerational feminist nonprofit organization dedicated to cultivating an empowerment lifestyle among women and girls. Emphasis is placed on organizing, implementing, and sustaining practical programs as our platform to initiate real-life changes. Come participate in a real-life collective for women working together. Make new friends & work on crucial issues affecting women. Info: Bernadine @ 713/731-0251 or e-mail: xociety@hotmail.com.

• **AVES** (Amigos Volunteers in Education & Services) provides social & healthcare services to HIV-positive individuals. Free HIV, STD testing & counseling in

sexual cultures; 4) able & willing to commit to at least 2 hours a week; 5) able to staff the hotline during office hours; & 6) willing to make at least a 6-month commitment. 4126 Southwest Frwy, Ste. 1310, 713/626-2837 or 1-800-981-2837.

• **BiNet** is a support/social/educational group open to all women & men exploring their sexuality or identifying as bisexual. Confidentiality is maintained within the group, & the use of assumed names is respected. BiNet is an active part of the queer community & is accepting of diverse lifestyles. Meets every Wednesday, 7:30-9 pm @ Hobbit Cafe, 2234 Richmond Ave. For more info: 713/467-4380.

• **Black Lesbian And Gay Coalition** (BLAGC), an organization dedicated to providing visible leadership in the African-American GLBT community, meets every Monday, 7 pm @ the Houston Lesbian & Gay Community Center, 803 Hawthorne. Info: 713/801-7386.

• **Colt 45's** is an all-volunteer charity. Despite the name, you don't have to have an overwhelming love of western attire, lore, or guns—all you need is a big heart & a willingness to help others when they need it most. As a 501(c)(3) charity, the Colt 45's created the AIDS TroubleFund, Stone Soup Fund, & Till Thacker III Memorial City Charity Fund. If interested in becoming a member, leave a message at 713/526-6077 or join us the 2nd Monday of each month, 8 pm at the BRB.

• **Community Awareness for Transgender Support** (CATS) is a transgendered peer-led resource and information support group in the Brazoria/Galveston county area. Meetings first Fridays, 6 pm. 409/762-2243, tghelp@yahoo.com, www.geocities.com/tghelp.

• **"The Dyke Show" with Comedian Nancy Ford** is back for a limited engagement; open mic avail-

able for musicians, poets, and comics. Thursdays, 9-11 pm, The Inbetween (between Chances and the New Barn), 1102 Westheimer, 713/521-5822.

• **The Feminist Online Network** (FEMNET) is a free e-mail list with announcements, info, & resources of interest to feminists & lesbians in the Houston/Galveston area. Postings include health info, political activism, resources, calendar of events, more. Subscribe at <http://www.onelist.com/subscribe/FEMNET>.

• **Gay & Lesbian Switchboard Houston** (GLSH) is a nonprofit all-volunteer organization offering the community information & referrals to businesses, legal, and medical professionals, and a variety of organizations, as well as info on HIV/AIDS, coming out, etc. Call 713/529-3211. GLSH also operates the Hate Crimes Hotline, 713/529-9615. www.gayswitchboard.org.

• **GLOBAL** (Gay, Lesbian, & Bisexual Alliance) is a support, social, educational, & political group for University of Houston's LGBT community and its allies. It strives to educate & be a resource to the UH community on gay issues & to provide a welcoming atmosphere for all UH students. It is diverse in its ethnic, racial, religious, political, & gender makeup. Students from other area colleges & junior colleges are welcome. Whether you are struggling to come out, a hard-core gay rights activist, or just looking for some fellow queers to hang out with, GLOBAL is the place for you. Meetings Wednesdays 4 pm, UH University Center, 713-743-7539 or 713/743-5180; global@bayou.uh.edu; www.uh.edu/~global.

• **Gulf Coast Archives and Museum** is seeking to create a more permanent repository of Houston's GLBT memory & memorabilia. Call to make a special viewing appointment or to donate your own precious items. 2507 Capital, 713/227-5973, gcam@mail.com, www.houstongayweb.com/gulfcostarchive.

• **Gulf Coast Transgender Community** is an open group for the support of all transgendered people. Meets 2nd Saturday of each month (crossdressing required) at 7 pm. Call for location. Open discussion 1st Thursday of each month (crossdressing not required) at 7 pm at Chances. 713/780-4282.

• **The Hollyfield Conference Center** provides meeting & conference facilities to the general public & offers the facilities to gay and lesbian community-based organizations at a reduced rate. 2700 Albany, Ste. 100, @ Tuam. More info or to schedule an event, write or phone: P.O. Box 66722, Houston, TX 77266, HollyFdn@aol.com, 713/523-6900.

• **The Homeless Pet Placement League** is a nonprofit animal welfare organization that rescues & rehabilitates stray & abandoned cats & dogs. Volunteering, foster care, or adopting: 713/862-PETS. (713/862-7387)

• **Houston Faerie Circle** is an unstructured group of queer men and their friends who gather to explore spirituality from a distinctly queer and nontraditional point of view; Guests welcome. Saturdays 2-5 pm, 713/500-5401, www.gayguides.com/houstonfaeries. Free.

• **Houston Gay & Lesbian Political Caucus**, 1st Wednesday of each month, 7:30 pm, Lovett Inn, 501 Lovett Blvd. 713/521-1000.

• **Houston Lesbian & Gay Community Center**. Located in the heart of Montrose, serves as the central resource for the lesbian, gay, bisexual, & transgendered communities. It offers community publications as well as extensive information on organizations & activities. Rental space is available for meetings & social events. Programming includes separate men's & women's coming-out groups, HIV testing & counseling, Lesbian Movie Night; Montrose Writers Project; "What Lesbians Do" discussion series; and Write On, Women writing group; as well as intermittent community forums. Nine organizations office at the center: The Diversity Alliance/Black Lesbian and Gay Coali-

tion, Gay and Lesbian Switchboard Houston, Greater Houston Gay and Lesbian Chamber of Commerce, H.A.T.C.H. (Houston Area Teen Coalition of Homosexuals), Houston Gay and Lesbian Political Caucus, Pride Committee of Houston, Q-Patrol, and Texas Human Rights Foundation. Volunteer meetings: 2nd Thurs., 7 pm and 2nd Saturday, noon. 803 Hawthorne, 713/524-3818.

• **"Lesbian and Gay Voices"** radio show is a magazine format produced by community activists: includes interviews with community & national leaders, music, reviews of gay and lesbian cultural events. Mondays, 8-10 pm, KPFT 90.1 FM; 713/526-4000; e-mail: LGVoices@aol.com.

• **Log Cabin Republicans.** 4th Monday of each month, 6:30 pm (social), 7 pm (meeting) at Renata's, 2006 Lexington, 713/529-9100.

• **National Organization for Women (NOW)** is a volunteer organization (not a service agency, nor a research facility, nor set up to provide legal assistance on individual cases). 713/861-2553, HoustonNOW-owner@egroups.com, National: www.now.org. Join Houston NOW by sending \$35 annual dues (sliding scale \$15 and up as you can afford) to P.O. Box 667522, Houston, TX 77266-2522.

• **Outrage, Inc.** is a nonprofit social group raising funds for Houston area HIV/AIDS charities by producing special events including the annual Halloween Party & the Pride Party, Meets 2nd Tuesday. Other events include beach parties, Austin splash & other socials. 713/706-2508, outrage.org/~outrage.

• **Pride Committee of Houston** is an energetic group of people who meet year-round to develop/organize Gay & Lesbian Pride activities in June for our community. Meets 7 pm, the 1st & 3rd Tuesday of each month @ the Metropolitan Multi-Service Center, 1475 W. Gray. For more info or to get involved: 713/529-6979, info@pridehouston.org.

• **Q-Patrol, Inc.** is a 501(c)3 nonprofit corporation dedicated to the protection from and reduction of hate crimes based on actual or perceived sexual orientation or gender identity. Q-Patrol, Inc. operates a Citizen's On Patrol program (affiliated with the HPD) in the Montrose area on Friday & Saturday nights. No special skills or abilities necessary, only a desire to help other people. 713/528-SAFE (7233), qpatrolinc@aol.com

• **Second Chance Pets** is a nonprofit organization that helps stray, abandoned, & unwanted animals find permanent homes, providing medical care & an adoption site for the animals. Foster homes are needed (especially for dogs & cats, as are volunteers for adoption days, publicity/fund-raising, & adoptive homes. 281/286-3535, www.secondchancepets.org.

• **Sisters** is a support group for African-American lesbians & friends. Meets 2nd Sundays, 5-8 pm. Call 713/801-0027 for meeting location, or e-mail at SISTERSOFHOUSTON@yahoo.com.

• **The Stonewall Democrats of Houston** work to educate voters & elected officials about GLBT issues and offer opportunities to volunteer in political campaigns. At monthly meetings & events, you can talk to city & state politicians one-on-one. There are over two dozen Stonewall chapters across the country. Meet at Bibas One's a Meal Restaurant on W. Gray, upstairs in the Greek room, last Monday of each month. Social 6:30 pm, meeting 7 pm. Info: Mark at 713/854-8773.

• **Texas Association for Transsexual Support (TATS)** is a group devoted to dealing with the issues that affect those that identify as transsexual. Usually at least two meetings per month, a business meeting and a discussion meeting. Transgender Community Center, 239 Westheimer 713/780-4282.

• **Texas Human Rights Foundation** a statewide, not-for-profit legal agency, which advocates on behalf of the lesbian, gay, bi, transgendered, & HIV community and publishes the booklet *AIDS and the Law: Know Your*

Rights. If you feel you have been discriminated against on the basis of sexual orientation or HIV status and need legal advice or attorney referral, call 713/522-0636, or outside Houston call tollfree 1-800/828-6417.

• **Tri-Ess** is a support group for heterosexual crossdressers, their wives, partners & families. Meetings once a month, screening required, 713/349-8969.

• **An Uncommon Legacy Foundation** is a nonprofit lesbian foundation dedicated to enhancing the visibility, strength & vitality of the lesbian community. Legacy invests in our future by awarding scholarships to out students with leadership potential, and by awarding grants to fund projects & organizations that contribute to our community's health, education, & culture. It promotes philanthropy among women and demonstrates the growing power of lesbian giving. More info: 713/520-1142.

• **The Unity Committee** is a committee of all the representatives from the local transgender groups. 281/585-0586, tghelp@yahoo.com.

• **What Women Do** is a popular series on lesbian sexuality and controversial issues in the lesbian community. Among recent "spicy" topics have been "Own Your Desire," "The Whole Shebang," and "First Comes Lust." Sessions are facilitated by psychologist Maria Minicucci (Center for Creativity, Knowledge and Change), and lesbian health educator and activist Deborah Bell (Fem-Net online community). A \$3 donation is welcomed, but not required. 7 pm the first Thursday of most months (call to confirm), the Houston Lesbian and Gay Community Center, 803 Hawthorne, 713/524-3818.

• **The Women's Group** is a feminist group for all women (each woman defines her own feminism) that meets every Sunday at 10:45 am in the Sojourner Truth Room, 3rd floor of the First Unitarian Universalist Church, 5200 Fannin @ Southmore (elevator accessible). For more information, call Iris Greer Sizemore at 713/529-8571 or Laura Reich at 713/529-1886, or e-mail HouWmnsGrp@aol.com.

COUNSELING/SUPPORT

• **AIDS Foundation Houston, Inc.** (AFH) relies on volunteers to help meet the needs of its 2,000+ clients. Choose from over 22 direct and indirect client volunteer programs. You'll join a pool of more than 400 talented volunteers in Hotline, Information, & Referral, Buddy, Helper, Art Therapy, Stone Soup & many other programs. Whether you can commit to 4 hours a month or 40 hours a week, AFH needs your time and talent. Volunteer department: 713/623-6796. Website: http://www.aids-help.org.

• **Astro Rainbow Alliance of the Deaf** meets the 2nd Friday of the month, 7 pm, at Montrose Clinic, 215 Westheimer, 713/830-3072 via Texas Relay 1-800-735-2988.

• **The Bering Lunch Bunch Gang** is a walk-in support group for retired persons living with HIV/AIDS, followed by fellowship and lunch at a local restaurant. Tuesdays, 11 am @ Bering Memorial UMC, 1440 Harold. Info: Russ Robinett, 713/526-1017, ext. 206 or e-mail rbmumc@clearsail.net.

• **The Bering Spiritual Support Group** is a nurturing space in which we whose lives have been touched by HIV/AIDS unite in spirit for the celebration of life through sharing our mutual support, strength, acceptance, & love. This walk-in group meets Wednesdays, 6:30 pm @ Bering Memorial UMC, 1440 Harold, for potluck dinner, speaker, & small groups for newcomers: Positive/Negative together; HIV+ only, Caregivers, & Family. Call Christine Coberly at 713/526-1017, ext. 211 or Rev. Stacy Pever, ext. 202.

• **Bering Support Network** includes counseling, support groups, visitation, and retreats. Call Christine Coberly at 713/526-1017, ext. 211 or e-mail chbmumc@clearsail.net.

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OutSmart
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• **Centergy.** Rediscover the joy, the joy of releasing the energy at your center. Centergy offers weekly programs for anyone willing to face habitual behavior: individuals, pairs, families, groups, organizations, business relations. Both mixed and women's groups meet weekly. Southwest Recovery Place, 4726 Yoakum. Call Jackalyn Rainosek, Ph.D., @ 713/942-7181.

• **Crisis Intervention of Houston** needs volunteers for 24-hour crisis-intervention & suicide-prevention hotline that requires 53 hours of training & a commitment of 4 hours a week; cash contributions for hotline & counseling programs. P.O. Box 130866, Houston 77219, 713/527-9864.

• **For Mature Audiences Only** is an inclusive multi-issue health & wellness community for persons over age 35 to celebrate the successes and share the challenges of midlife changes. Topics include ageing & ageism, mentoring, promoting health & wellness, job loss & career changes, retirement, burnout, living single or coupled, maturing relationships, mortality, and more. Tuesdays, 7 pm, Bering Memorial UMC, 1440 Harold, Room 218. Call Russ Robinett at 713/526-1017, ext 206 or e-mail rbmumc@clearsail.net

• **Gay & Lesbian Helpline's** phone counselors can help you clarify & prioritize your issues & sort through options. The helpline is an anonymous & confidential safe space for you to voice your thoughts. Whether concerned about coming out, locating resources, or just finding something to do on a Friday night, let us be the ear you need. Our counselors are friendly & supportive and have your best interest at heart. Operates out of the Fenway Community Health Center in Boston, MA. Gay & Lesbian Helpline's hours: M-F, 6-11 pm, Sat 5-7:30 pm, and Sun 5-10 pm. 1-888-340-4528.

• **Gay & Lesbian National Hotline** (GLNH) is a nonprofit organization, providing information, referrals and peer-counseling to the gay, lesbian, bisexual & transgendered communities. Information is also available for those concerned with gay-related issues. The services are free and anonymous. The hours are M-F, 5-9 pm, and Sat, 11 am-4 pm. 1-888-THE-GLNH (1-888-843-4564). E-mail: glnh@glnh.org.

• **Gay & Lesbian Switchboard Houston** (GLSH) is a nonprofit all-volunteer organization offering the community information & referrals to businesses, legal and medical professionals, and a variety of organizations. It also provides information on HIV/AIDS, coming out, etc. P.O. Box 66469, Houston, TX 77266-6469, 713/529-3211. GLSH also operates the Hate Crimes Hotline, 713/529-9615.

• **gayDAR** (Dream-Affirm-Restore): a wellness community for those who are interested in personal growth and making healthy connections. Mon 7-8:15 pm, Bering Memorial UMC, 1440 Harold, Room 218. Call Russ Robinett at 713/526-1017, ext. 206 or e-mail rbmumc@clearsail.net

• **Gay Male Survivors of Childhood Sexual Abuse.** Montrose Counseling Center is offering a therapy group designed to provide a safe environment for men who share this type of experience to work together to resolve the impacts of the trauma on everyday life. Services are provided on a sliding scale basis, and insurance is accepted. Certain restrictions apply. For further info: 713/529-0037.

• **Gay Men's Process Group** is a general process group dealing with life issues that affect gay men (coming out, career, family, relationships/dating, etc.). Meets Tues., 7-8:30 pm. Info: Daniel Garces, 713/526-8390. E-mail: daniel_garces@yahoo.com, www.dansmnd.net.

• **Gay Men Survivors of Childhood Sexual Abuse Group** provides a safe space for reclaiming our lives through the sharing of our stories with respect, understanding and acceptance in our journey toward healing. An intensive therapy group limited to 4-5 participants. Assessment required. Call Christine Coberly at Bering Memorial UMC, 713/526-1017, ext.

211 or e-mail chbmumc@clearsail.net.

• **Grief Therapy & Support Groups.** Ongoing support group for grieving a death. 2nd & 4th Mondays of each month. Six-week grief therapy groups are scheduled as needed Mon, 7-8:30 pm. Bering Memorial UMC, 1440 Harold, Room 224. Call Christine Coberly, 713/526-1017 ext. 211 or e-mail chbmumc@clearsail.net.

• **Helping Cross Dressers Anonymous** (HCDA) is a twelve-step support group for transgendered people dedicated to helping those who are having difficulty accepting themselves or for those involved with a transgendered individual who is having trouble adjusting. HCDA's philosophy is that the wearing of clothing opposite to one's birth sex is but an outward manifestation of an inner feeling. HCDA is run by a licensed counselor and has been meeting since Jan. 1991. All are welcome. Meets Tues., 7-9 pm, Transgender Community Center, 239 Westheimer, <http://brendat.com/hcda.htm>.

• **Houston Area Women's Center** provides shelter, support, & advocacy services for ALL survivors of domestic violence & sexual assault, both male & female. HAWC operates two hotlines, one for domestic violence (713/528-2121, TTY 713/528-3625) and one for sexual assault (713/528-RAPE, TTY 713/528-3691). Nonresidential services are provided including individual & group counseling, legal advocacy, housing advocacy, children's services, & job training. HAWC also manages the Second-to-None Resale Shop on Westheimer. All services FREE of charge. Volunteers always needed. Call 713/528-6798, ext. 272; 1010 Waugh Dr. @ Dallas.

• **Jewish Family Service** offers individual, couple & family counseling to individuals of all ages regardless of sexual orientation or religious affiliation. Our professional counseling staff have received training in working with GLBT issues and can help individuals deal with interpersonal problems, relationship conflicts, dealing with families, HIV/AIDS-related concerns & other issues frequently facing sexual minorities. Sliding-fee-scale. To make an appointment/more info: 713/667-9336.

• **Lambda Center A.A.** is the meeting center for AA and Al-Anon groups throughout the day (and night). 1201 W. Clay. For meeting times, call 713/521-1243.

• **Lesbian Coming-Out Group** is open to all women regardless of age & length of time of living out of the closet. \$3 donation welcomed but not required. 7 pm, Houston Lesbian & Gay Community Center, 803 Hawthorne, 713/524-3818.

• **Living in Process Group** is an ongoing gay men's group. 713/622-7250.

• **Men's Coming-Out Group** is open to all gay, bisexual and questioning men regardless of age. Each meeting includes discussion and support. \$3 donation is welcomed but not required. 7 pm the third Friday of the month @ the Houston Lesbian & Gay Community Center, 803 Hawthorne, 713/524-3818.

• **The Men's Network** is for gay & bisexual men to come together in a safe & supportive environment to learn & share about issues that affect them. A donation of \$3-\$5 is requested; however, all men are welcome, regardless of their ability to pay. The 2nd & 4th Tuesdays of every month, 7:15-9 pm, Montrose Counseling Center, 701 Richmond, 713/529-0037.

• **Montrose Counseling Center** offers numerous counseling groups, including groups for men & women living with HIV, people in recovery, survivors of sexual abuse, lesbian survivors of domestic violence & more. The center needs office furniture, equipment & interested citizens to serve on boards. 701 Richmond. For more info (24 hrs.): 713/529-0037.

• **Out Together** is a support group where individuals & couples can share thoughts, experiences, & knowledge about mixed orientation marriages—where one spouse considers him/herself gay, lesbian, or bisexual. 1st Sun. & 3rd Thu. of each month. Confidentiality ensured. Straight spouses meet Tuesdays, 7:30 pm. Ques-

tions: Bob 713/667-1535 (Bobtx54@aol.com), or Jackie 281/558-3159 (jackie_mag@msn.com), or Sarah 832/428-7463 or e-mail spousesp@t@aol.com.

• **Overeaters Anonymous (OA).** For information about OA's 50 regular weekly meetings, call 713/973-6633 or visit www.oahouston.org.

• **Professional & Volunteer Caregivers Groups.** Focus on grief/burnout issues and self-care for those who work with persons who have HIV/AIDS. 1st & 3rd Mondays, Bering Memorial UMC, 1440 Harold, Room 211. Call Christine Coberly at 713/526-1017, ext. 211 or e-mail chbmumc@clearsail.net.

• **The Women's Network** is a support group established to serve the lesbian & bisexual women's community of Houston; any woman who is sensitive to & comfortable with lesbians is welcome. It provides an opportunity to discuss women's issues in a safe environment, network with other women, and socialize with old & new friends. Donation of \$3-\$5 requested; however, any woman is welcome regardless of ability to pay. 2nd & 4th Wednesdays, 7-9 pm, Montrose Counseling Center; 701 Richmond, 713/529-0037.

HEALTH

• **AIDS Clinical Trials Unit, UTMB Galveston** is seeking HIV-positive individuals who wish to participate in clinical trials as a treatment option. Participants in a trial are followed closely by a medical team, plus all labs and physical exam findings are shared with a patient's primary care provider. Study visits, labs, and medications are provided at no cost to participants; provisions for travel and child care expenses available. Houstonians and other non-Galveston residents welcome. To find out more, or if you're interested in participating 409/747-0214 or 877/324-ACTU, actu@utmb.edu, <http://129.109.146.226/actu/>.

• **AIDS Foundation Houston, Inc. (AFH)** is committed to improving the quality of life in the greater Houston community through HIV/AIDS education, healthcare, social services, & volunteerism. AFH is a direct provider of resources for HIV/AIDS services & information and works in collaboration with other community-based groups to reduce the incidence of HIV/AIDS infection and to support people infected & affected with HIV/AIDS. Services include: Stone Soup Food Assistance & Nutrition Program; housing; employment resources; hotline; Red Ribbon Toy Drive; camps Hope & H.U.G.; prevention & secondary education; and Project CAESAR, a gay men's health initiative. Info: 713/524-AIDS (2437) or visit www.aidshelp.org.

• **AIDS Housing Coalition Houston (AHCH)** is a 501(c)3 nonprofit agency that provides housing crisis intervention by phone and short-term, low-income, apartments for people with HIV/AIDS in transition. A gay-positive, all-volunteer; neighborhood-based agency which seeks public donations. To join: 713/521-1613.

• **AssistHers** helps lesbians with chronic or debilitating illnesses to live as normally as possible. Teams of volunteers provide assistance with daily living activities such as grocery shopping, laundry, transportation & light housekeeping, etc. PO Box 541095, Houston, TX 77254 or call 713/521-4628.

• **Bering Omega Community Services** provides seven programs free of charge for persons living with HIV/AIDS: 1. *Advocacy Program* helps us keep current with HIV/AIDS issues and congress (713/524-9304); 2. *Bering Care Center* is a licensed adult day-care center (713/520-7070 ext. 3); 3. *Dental Clinic* provides comprehensive dental care (713/524-7933 ext 120); 4. *Financial Assistance* provides comprehensive budget planning, financial counseling and assistance (713/520-5327); 5. *Omega House* provides residential hospice care (713/523-7110); 6. *Sentry Program* provides in-home care visits (713/523-7110 ext 119); and 7. *The Bering Support Network* provides counseling & support groups (713/526-1017 ext 117). To volunteer or make

an in-kind contribution to any of the Bering Omega Community Services programs: Dena Gray (713/523-7110). To sponsor a benefit or give a financial contribution: the development office (713/524-9304, ext 101).

• **Body Positive Wellness Center (BPWC)** provides a venue where qualified clients with HIV/AIDS can obtain HIV-specific nutritional assessment/counseling, supervised resistance exercise, massage therapy, chiropractic adjustments, community forums, peer counseling groups, & at-cost nutritional supplements. The 3-month core program enables clients to take important measures in restoring their health & quality of life as they augment the positive effects of advanced drug treatments. (Chiropractic therapy services held every other Thursday 9 am-12 pm.) 3400 Montrose, 713/524-2374.

• **The Center for AIDS: Hope and Remembrance Project** provides the most current HIV/AIDS treatment information to healthcare professionals, HIV-positive individuals and their caregivers, while advocating Houston as a clinical trial site, bringing innovative HIV/AIDS research to local clinics. It holds monthly "treatment mixers" for HIV-positive people to discuss openly their successes and failures concerning treatment. More info: Stop by the center, 1407 Hawthorne, M-F, 9-6, or call 281/HIV-INFO (281/448-4636).

• **FIRM** (Foundation for Interfaith Research & Ministry) is a nonprofit organization working with local congregations to sponsor care teams. Volunteers are trained to meet many of the social, physical, and emotional needs of people touched by HIV/AIDS, Alzheimer's, and dementia-related disorders; frail seniors; and other life-threatening conditions. Care team volunteers view themselves as friends and extended family who can offer nonjudgmental, caring, and supportive services. All services are provided free of charge. For more info, contact the Care Team coordinator at 713/682-5995, or e-mail: firm-hou@neosoft.com. www.careteams.org

• **Frost Eye Clinic.** Free eye exams for HIV-positive persons, Mon, Wed, Fri, 9 am-5 pm, 713/520-2000.

• **HIV/AIDS Treatment Mixer** is an open forum for sharing HIV treatment info. Meets 2nd Tues., 7-9 pm, Center for AIDS, 1407 Hawthorne, 713/527-8219, refreshments provided.

• **HIV Testing and Counseling** provided at no charge by Montrose Clinic staff from 7-9 pm, Wednesdays @ the Houston Lesbian and Gay Community Center; 803 Hawthorne. More info: 713/524-3818.

• **Houston Buyers Club** provides vital nutritional supplements & info at wholesale cost to people living with chronic illness. We welcome business from people who are not living with chronic illness; it financially supports our mission. Phone 713/520-5288; fax 713/521-7419, 3400 Montrose Blvd., Ste. 605, houstonbuyersclub.com, hbc@neosoft.com.

• **Lesbian Health Initiative (LHI)** is a nonprofit organization whose mission is to identify, address, educate, serve, & empower the Houston lesbian community in all its diversity, on issues of health & well-being. Meetings first Tuesdays, 7 pm, Hollyfield Conference Center. Volunteers needed with health fairs & other events/activities. 713/603-0023; POB 130158, Houston 77219.

• **Lesbian Health Outreach Project** is a united effort of Montrose Counseling Center & Montrose Clinic to educate lesbians about risk factors for breast cancer; breast self-exam techniques, & other health concerns and to provide low-cost (sliding scale) well-woman exams that include pelvic exams, pap smears, breast exams, lab work, & referral for mammograms when needed. Services available by appointment only at Montrose Clinic, 713/830-3000. To schedule educational presentations through Montrose Counseling Center, call 713/529-0037.

• **Methodist Visiting Nurse Association of Houston (VNA)** is a nonprofit, United Way agency

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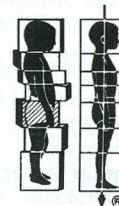
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that provides home care to patients in the eight-county area of southeast Texas which includes Brazoria, Chambers, Ft. Bend, Galveston, Harris, Liberty, Montgomery and Waller Counties. VNA is licensed by the Texas Department of Health, accredited by the Joint Commission of Accreditation of Health Care Organizations (JCAHO), and endorsed by the Harris County Medical Society. For more info: 713/520-8115.

• **Milam House.** Volunteers needed! Reach out, make a difference, show someone you care. Walk the talk at Milam House, a residential center for people living with HIV/AIDS. Volunteers work directly with the residents, providing companionship & emotional support in a one-on-one setting. More info: 713/520-9248, bmyers@pwach.org, www.neosoft.com/MilamInfo@pwach.org.

• **Montrose Clinic/Houston Clinical Research Network** is a community-based, nonprofit agency. It provides low- or no-cost health, social, educational, & research services; specializes in treatment of sexually transmitted diseases & HIV/AIDS care. Needed: cash gifts for indigent-patient care; volunteer time from general & specialty physicians/lay persons interested in HIV counseling/office support. 215 Westheimer, 713/830-3000 for current outreach HIV-testing sites.

• **Next Step** is a confidential educational workshop for those who are HIV-positive. Topics include treatments for HIV, nutrition, safer sex, and stress management. Free T-cell count and viral load tests. For more info or to sign up for the next workshop, call the Montrose Clinic at 713/830-3000.

• **People With AIDS Coalition-Houston** is a nonprofit 501(c)(3) organization of, by, and for people with HIV/AIDS that promotes independence & self-reliance so that PWAs may live with dignity, self-esteem, & acceptance. This is achieved by providing short-term crisis intervention & long-term referrals; creating opportunities for active participation as a member of the PWA community; & providing public advocacy for the needs of PWAs. While committed to ending the epidemic, PWAC endeavors to respond with love, care, & compassion to the unmet & changing needs that arise with PWAs. 3400 Montrose Blvd., Ste. 207, 713/522-5428, fax 713/522-2674.

• **Project CAESAR** is the Gay Men's Health Initiative at AIDS Foundation Houston. By providing the latest information and education to the gay community, Project CAESAR intends to slow HIV infection rates among gay and bisexual men in Houston. Through self-esteem, motivational, and relationships topics, the program helps uncover healthy paths buried under the pressure of everyday life. It also reaches over 20,000 men a year in the Houston area through its outreach team, the Legion. To attend a workshop, volunteer, or info: 713/623-6796 or projectcaesar@hotmail.com.

• **Steven's House** provides intermediate care in a homelike environment for men & women living with HIV/AIDS. Needed: soft drinks, laundry detergent, bed pillows (new), towels, twin-size comforters, twin-size sheets (extra long, fitted or flat), basic cleaning supplies, office supplies, new bicycle, chest of drawers, lamps (table & floor), VCR, cable-ready TV for resident room, bedside tables, apartment in Montrose area for office/resident's family lodging; volunteers for tasks/services. Nonprofit. 713/522-5757.

• **Substance Abuse Research Treatment** is offered free of charge by the University of Texas Houston Health Science Center. Free research treatment programs are offered for cocaine use, and cocaine use complicated by either depression, opiate/heroin use or alcohol use; and for cigarette smoking, and cigarette smoking with alcohol use. Programs may involve individual therapy led by trained clinicians and investigational medications. 713/500-2800, <http://trc.uth.tmc.edu>.

• **Thomas Street Clinic** (TSC) is part of the Harris County Hospital District (HCHD) providing medical,

social, & educational care to the HIV/AIDS-infected person. As an outpatient clinic for the past 10 years, the clinic provides educational workshops, social assistance, up-to-date research studies, & state-of-the-art medical care. 2015 Thomas St. @ Paschal, between I45 & N. Main. Info: 713/793-4000. For understanding of HIV education programs: 713/793-4026. For bilingual assistance: 713/793-4051. TSC's Patient Advisory Board is an elected board that advises the Harris County Hospital District on matters concerning TSC. Meetings open to the public, 2nd Wednesdays, 11 am, 3rd floor conference room at the clinic.

• **VistaCare Family Hospice** is dedicated to serving people experiencing the final phases of life & those who care for them. We provide comprehensive services through our commitment to the highest standards of care. Volunteers can assist in a variety of tasks: patient care, nursing home volunteer, respite or relief visit for the caregiver, bereavement phone calls/visits, office work, assist during training seminars, delivery person, crafts volunteer or other activities. To inquire about volunteering, call 713/290-1746.

• **Women's Clinic.** Montrose Clinic offers a women's health clinic. Visits include complete well-woman examination, lab work, medication, & referral if needed. A nominal fee is requested but no one will be turned away. By appointment only, 713/830-3000.

• **Yoga.** As a special outreach to the GLBT community, Devanand will offer their classes for free if you mention you saw this in *OutSmart* magazine. Yoga benefits individuals by providing stress relief, better health & a clear mind, achieved by a combination of physical postures, mental exercises, breathing techniques, improved diet. Mon., Wed., Fri., 6:30 pm.; Sat., 9:30 am. Free meditation class on Tue, 6:30 pm. Devanand Yoga Center, 3115 West Loop South, Ste. 21, 713/965-9642.

PROFESSIONAL

• **Chase Bank P.R.I.D.E. Team**, a chapter of the Chase Manhattan Bank Pride Networking Group, welcomes you to be a part of equality. P.R.I.D.E. stands for People Recognizing Individual Differences Equally and is the bank's networking group for GLBT & supportive employees. Our mission is to support the inclusion of all Chase bankers regardless of sexual orientation & gender identification as valued employees of the bank & to encourage an environment of equality that celebrates the individuality & diversity of everyone. The Team typically meets 4th Tuesday of every month at 6 pm. Info: Richard Bielec at 713/655-5423, Elizabeth Goza at 713/216-5574, or Roy Mendiola at 713/216-8889.

• **Executive & Professional Association of Houston** (EPAH) is established to provide a nonpolitical forum for discussion of business & community affairs, to encourage & foster social & business relationships among the membership, and to support educational and/or charitable causes. More info: 281/587-6066.

• **EXXON Gay & Lesbian Employees** meets monthly to discuss workplace issues, empowerment, social events, etc. For time/location call 713/522-6212.

• **Gay & Lesbian Health Professionals** meets monthly, providing socials, speakers, networking, & practitioner referral line. Info/referral, call 713/523-4700.

• **Greater Houston Gay & Lesbian Chamber of Commerce** (GHGLCC) fosters & promotes the economic development & vitality of gay, lesbian, bisexual, transgendered, & supportive heterosexual businesses & professional organizations in the greater Houston area. Meets first Tuesday. Info: 713/523-7576.

• **LIB** (Lesbians in Business) is a lesbian empowerment group, promotes lesbians, jobs, networking, & businesses. LIB's hotline: 713/529-0077.

• **Prism** is an employee network for employees of Equilon Enterprises LLC, Motiva Enterprises LLC, Equiva Services LLC, & Equiva Trading Company. The network is open to any employee of these companies and in-

cludes gay, lesbian, & bisexual employees & their friends. The mission of Prism is to provide support for members & coworkers, promote equality for employees regardless of sexual orientation or gender identification, and create awareness in management of issues & concerns affecting people in a diverse workplace inclusive of sexual orientation & gender identification. More info: Jim at 281/544-8138, Robert at 713/241-1238, or Dick at 281/544-8730.

• **SEA Change** (Support, Educate, and Advocate for Change) is open to social workers & social work students who are interested in gay, lesbian, bisexual, & transgendered issues. For info: John at 281/544-6949.

• **SPECTRUM** is an employees' group of Southwestern Bell Communications which is open to both management & nonmanagement LGBT personnel, & those who share their concerns. The group's goals include establishing domestic partner benefits, making the workplace more aware of diversity, & helping direct the company's involvement in the community. Partners are encouraged to attend & participate. 713/567-7733. SBC Intranet Site: intranet.sbc.com/SBCWIN/corporate/aware/index.html or Internet Web Site: www.webcom.com/benny/spectrum/spectrum.html.

• **The Stonewall Lawyers Association** is a Houston-area organization for those interested in legal issues affecting gay, lesbian, bisexual, & transgendered people and those living with HIV. Legal professionals, law students, & others interested in these issues are welcome. For more info: Alex Wathen at 713/222-0880.

• **Support, Equality, and Awareness at Shell** (SEAShell) is a gay & lesbian employees group whose mission is to provide support for members and coworkers, promote equality for employees regardless of sexual orientation, and create awareness in management of issues and concerns affecting people in a diverse workplace. For more information, call Becky at 713/245-1960 or John at 281/544-6949.

RELIGIOUS/SPIRITUAL

• **Community Gospel Church** holds a high-spirited gathering for a charismatic, Pentecostal worship service. Sunday, 11 am & 7 pm, Thursday, 7:30 pm. 4305 Lillian, 713/880-9235, www.communitygospel.org.

• **Dignity Houston** is dedicated to the welfare of gay/lesbian Catholics & their friends. Meets Saturdays, 7:30 pm, 1307 Yale, Suite H, 713/880-2872.

• **Houston Mission Church.** Worship the Lord in a supportive atmosphere. Sundays, 10:30 am–noon, 1505 Nevada @ Commonwealth, 713/529-8225.

• **Houston Reconstructionist Havurah** (HRH) is an inclusive Jewish community. Core tenets of Reconstructionism are maintaining a supportive community & taking social action to repair an imperfect world. Newcomers describe the remarkable level of acceptance & warmth they encounter, regardless of background or initial level of Jewish education or observance. For more info: 713/728-5050.

• **Integrity/Houston** is the advocacy organization for gays & lesbians in the Episcopal Church. Meets 2nd Mondays for Eucharist & potluck dinner, 7 pm @ Autrey House, 6265 Main St. Info: 713/528-6771.

• **Kolbe Project** is an ecumenical outreach to gays, lesbians, & other sexual minorities modeled after the ministry of St. Francis of Assisi. Potluck & community-concern programs: first Thursdays, 7 pm. Healing service: 4th Wednesdays, 8 pm. Spiritual direction by appointment; HIV/AIDS hospital chaplaincy. For more info, call 713/861-1800, or visit info@kolbeproject.org, www.kolbeproject.org.

• **Lesbian/Gay Unitarian Universalist Potluck.** The lesbians, gays, bisexuals, transgenders, friends, and families of the First Unitarian Universalists Church cordially invite you to bring a dish & join them on every 4th Friday, 7 pm, First UU Church, Crane Fireside Room, 5200 Fannin, 713/526-5200. Schedule may change at

Thanksgiving or Christmas.

• **Maranatha Fellowship Metropolitan Church—Recovery Support Group** is a cell group church with an emphasis on small groups that meet weekly in the homes of members; we believe that the Holy Spirit has given spiritual gifts to every believer which are to be exercised in the life of the church; our church is evangelical & charismatic in its style of worship; we have a primary outreach to gay, lesbian, bisexual, & transgendered people—all are welcome. Sundays, 5:30–6:30 pm, Central Congregational Church, 1311 Holman. Call: 713/528-6756; FAX: 713/528-6447; e-mail: maranatha@ev1.net; web: www.maranatha.com.

• **Metropolitan Community Church of the Resurrection** is an inclusive Christian Church with a primary outreach to Houston's LGBT community since 1972. Worship services: Sun, 9 am & 11 am; Wed, 7 pm, Sunday school for children & youth 11:15 am, adult Sunday School 10 am. 2025 West 11th St @ TC Jester. 713-861-9149, mccc@neosoft.com, www.mccc-hou.com.

• **More Light Presbyterians of Greater Houston** is one of approximately 40 local chapters of the national MLP organization, which is dedicated to full participation of all persons in the Presbyterian Church (U.S.A.) community without regard for sexual orientation. Meets 1st Mondays, 7:30 pm @ the Presbyterian Center, 1110 Lovett Blvd., 281/440-0353.

• **New Hope Christian Center** holds weekly worship services open to all people. Bonita Kirk, founder of the Black Gay and Lesbian Coalition, started this nondenominational group. "Our vision is to be a place where hope is restored, faith is released, and lives are changed," Kirk says. 11 am Sunday @ The Houston Lesbian and Gay Community Center, 803 Hawthorne. 713/524-3818 (center) or 713/801-7386 (BLAGC).

SOCIAL

• **The Art League of Houston** offers free art classes to all HIV-positive individuals. Complimentary lunch provided. Instructor: Kermit Eisenhut. Classes are ongoing every Thursday, 1–4 pm @ the Art League, 1953 Montrose, 713/523-9530.

• **Asians & Friends Houston** is a social organization for gay Asians & their friends, made up of couples & singles. Events include potluck dinners, movie nights at members' homes or movie theaters, and large parties celebrating Asian holidays. Recognizing that many people are not out of the closet, membership is kept confidential. It's an easygoing & fun-loving group, and all are welcome. 713/626-6300; PO Box 667100, Houston, 77266; http://members.aol.com/texasians.

• **Classic Chassis Car Club of Houston** is open to everyone (car not necessary) who enjoys cars, trucks, models, automobilia, or hanging out with those who do! Meetings are the 1st Wednesdays at the Blue Agave Restaurant, 1340 W. Gray, 7 pm. The club hosts driving tours, workshops, & events at members' homes. 713/797-8615, P.O. Box 920888, Houston 77292-0888.

• **Garden and Yard Society** (G.A.Y.S.) is a gay gardening club for women & men. Bring your gardening friends and supporting partners. Meets 2nd Fridays, 7 pm at various locations. 713/661-6378, 713/520-1066.

• **Gay Men's Chorus of Houston** rehearses Thursdays, 7–10 pm @ Grace Lutheran Church, 2515 Waugh Dr. Singing & non-singing members are welcome. For info, leave message @ 713/521-SING (713/521-7464), www.gmch.org.

• **Houston Area Bears** is a social organization for "bears" (hirsute men) of all sizes & their admirers. Monthly social held on 3rd of each month at Mary's, 10 pm. For more info: The Grower Line, 713/867-9123.

• **Houston Area Motorcycle Society** (HAMS), a gay/lesbian motorcycle club, has a social at a different coffee shop in the Montrose area and an organized ride once a month, for those who own a motorcycle

or are involved with someone who does. 713/862-8477, http://users.ev1.net/~tgarrison/hamsonline/index.html

• **Houston Outdoor Group** (HOG) is a social group for gay men & lesbians who enjoy the outdoors. Activities include camping, hiking, horseback riding, canoeing, etc. Day trips & weekend trips (typically a 2- to 4-hour drive from Houston) are usually to state parks or private campgrounds. Local social events include Saturday morning breakfasts & once-a-month potluck dinners. Call 713/KAMPOUT (526-7688) for info or your complimentary newsletter; or write to P.O. Box 980893, Houston, TX 77098.

• **Houston Pride Band** provides musical entertainment for the lesbian and gay community. They are seeking musicians of all skill levels and instrumentation. Rehearsals held at Dignity Houston, 1307 Yale, Wednesdays, 7–9 pm.: www.houstonprideband.org.

• **Lambda Rollerskating Club** has fabulous door prizes, skate-till-you-drop music, & several skate games. Tuesdays, 8–10 pm, Tradewinds, 5006 W 34th (off 290), 713/410-7215, lrsc@neosoft.com, www.neosoft.com/~lrsc. \$5.

• **Lesbian Film Night** takes place on 4th Fridays and features a flick with a lesbian theme. A potluck precedes the movie, and discussion follows. \$3–\$5 donation welcomed, but not required. 7 pm, the Houston Lesbian and Gay Community Center, 803 Hawthorne. 713/524-3818.

• **Lesbian Island Association**, a group for women in their 20s, is based at the Houston Lesbian and Gay Community Center. Members either meet on Saturdays at the center or enjoy social activities on the town. \$3 donation welcomed, but not required. Call the center at 713/524-3118 for details.

• **Lesbian Literary Discussion Group** meets to discuss all types of literature including Dostoevski, Conrad, Atwood, Potok, Nin, Joyce, Wilde, Chekov, Marx, etc. Wednesdays, time TBA. At the Lesbian and Gay Community Center, 803 Hawthorne, 713/523-3037, jsharon@msi.uth.tmc.edu. nbsp;nbsp;

• **LOAF** is a social, networking, & support group for lesbians 50 years of age and older. 713/869-1482.

• **Lone Star Nudist Group** is for gay or bisexual men who wish to share nude experiences. Singles/lovers welcome. Monthly meetings. Nude social events, massage group, out-of-town gatherings. 713/866-8847.

• **Montrose Writers Project** meets every week for writers at varying skill levels to read their work, trade ideas, discuss issues. Lead by Blas Falconer; the writers project is one of the center's longest-running groups. Falconer teaches literature at UH & works in the Writing Center at HCC. He plans to lead a series of workshops in different genres—such as poetry, fiction, memoir & drama—accompanied by writing exercises. \$3 donation welcomed, but not required. 3–4:30 pm Saturdays @ the Houston Lesbian and Gay Community Center, 803 Hawthorne. 713/524-3818.

• **Out Skate Rollerskating Club**. Skate every Wednesday night, 8–10 pm at the biggest/best rink in Houston—Zenith Roller Rink, 8075 Cook Rd. @ Beechnut. \$5 plus \$1.50 skate rental. Everyone welcome. 281/933-5818, www.flash.net/~lauper1/.

• **Prime Timers Houston** promotes social activities for the older gay and bisexual male, including theater, dining out, movies, potluck dinners, card games, and weekend daytrips. 713/867-3903.

• **Rainbow Fishing Club**. Monthly 12-hour deep-sea fishing trips from Galveston during Red Snapper season, January to August. To get on free mailing list for this gay & lesbian fishing club: John @ 713/523-6381.

• **Rainbow Ranglers** is a nonprofit social/educational/service group founded in 1994 to provide country western dance education to the community of Houston while raising funds for local organizations that provide services to our community. Novice lessons Tuesdays, 9–11 pm; Intermediate classes Thursdays, 8–

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10 pm, Brazos River Bottom, 2400 Brazos, 713/523-1807. Classes are free and open to the public.

• **Texas Gay Rodeo Association** is a nonprofit organization, with chapters in Austin, Dallas, Fort Worth, San Antonio, and Houston, that promotes and stages an annual rodeo event as well as engaging in fundraising activities throughout the year. 713/777-0410, P.O. Box 710999, Houston 77271-0999.

SPORTS

• **Bowling.** Join Houston's gay & lesbian bowling community for fall/winter league fun & sport. Mixed leagues meet at Palace Lanes, Sundays, 7 pm & Wednesdays, 6:30 pm. Men's league meets Mondays, 9 pm. Women's league meets at Dynamic Lanes, Mondays, 6:45 pm and the I Luv Luci Duo league meets Mondays, 9 pm. There is a nine-pin doubles tournament every 3rd Saturday at Palace for all bowlers, league or not. 713/522-9612, Wiccado@aol.com, www.Texasinvite.com.

• **Good Sports.** College football and basketball fans. 713/523-6000.

• **Houston Chain Gang Bicycle Club.** Different rides every week and different levels, Easy Riders (Montrose area rides), Chainsmokers (faster/longer rides) and Rough Riders (off-road). Free. 713-863-1860.

• **Houston Montrose Athletic Association** organizes the Houston Gay and Lesbian Pride 5K Fun Run/Walk during Pride Week. 713-874-1686.

• **Houston Tennis Club,** an affiliate member of the Gay and Lesbian Tennis Association, welcomes men & women of all ages & skill levels. Meets Wednesdays & Fridays 7:30-9 pm & Sundays 9 am-noon at Memorial Park Tennis Center. 713/692-2703.

• **Houston Women's Flag Football League** (HWFFL) is a nonprofit organization open to all women, 18 & over. Competitive & recreational. Can join individually or bring in your own team. 713/981-6753, www.hwffl.org.

• **Independent Billiard League** is a recreational BCA-sanctioned billiard league that welcomes everyone of all skill levels, either on a team or as substitute players. We have 3-player teams that compete at various bars & clubs in Houston on Thursday nights. IBL promotes sportsmanship & friendly competition and is an excellent way to make new friends. More info: 713/522-7062, or P.O. Box 542345, Houston 77254-2345; iblhouston@iblhouston.com, www.iblhouston.net.

• **Lone Star Volleyball Association** is encouraging interested volleyball players to join in the fun of playing indoor volleyball. The LSVA leagues play at the Univ. of St. Thomas-Jaraback Center, 4000 Mt. Vernon (between Richmond & Alabama) on Sundays: 4:30-7 pm, recreational & advanced players; 7-9 pm, intermediate players. We are looking to begin a women's league and encourage all women to come out. Those who have never played with LSVA before play for free on first visit. 281/878-4629, http://www.neosoft.com/~lsva/.

• **The Montrose Softball League** is a nonprofit adult softball league serving the greater Houston gay community since 1980. Open to both men and women of all skill levels. Voicemail 713/867-3913; write to MSL, P.O. Box 541954, Houston 77254-1954; MSL@QMAIL.com; www.montrosetsoftballleague.com.

• **Rainbow Golf—Ladies Playing Golf.** Weekend playdays, private lessons. After-work playdays: Wednesdays at 5:30 pm (Sharpstown) and 6:00 pm (Jersey Meadows). For more info: 281/589-7380, or visit www.LPGL@aol.com.

• **Rainbow Riders** is a bicycling club for womyn of all abilities and experience every Sunday morning. For more info, call Cookie Davenport, 713/869-1686, guusje@aol.com.

• **The Texas Women's Racquetball Club** is open to women racquetball players of all skill levels. Meet monthly to play racquetball for about an hour. Kiki Hummel 281/556-0703, khummel@houston.rr.com.

YOUTH & PARENTS

• **Camp Hope.** A project of AIDS Foundation Houston provides a week-long camp experience for children living with HIV/AIDS. Camp enables children who are HIV+ to meet children just like them. Camp teaches them how to adhere to their medication protocols and allows them to share themselves without the constraints society places on them. They can experience the outdoors and the joys of childhood in a safe and supportive environment, increasing self-esteem and learning camaraderie. For info about donations needed for camp or to volunteer contact Bob Lawson or Marc Cohen at 713/623-6796 or tohelp@aidshelp.org.

• **Casa de Esperanza** needs new/gently used children's clothes, sizes birth to 14; new children's socks/underwear; medium, large, & extra-large diapers and pull-ups; baby wipes; paper towels & toilet paper; and food for homes that serve abused, neglected, & HIV-positive children. For more info write P.O. Box 66581, Houston 77266-6581, or call 713/529-0639.

• **Gay Fathers/Fathers First** is a weekly support meeting for fathers and their partners. Mondays, 8-9:30 pm, Grace Lutheran Church, 2515 Waugh, 281-505-1788, www.gayfathershouston.org.

• **Houston Area Teen Coalition of Homosexuals** (H.A.T.C.H.) is open to anyone gay, lesbian, bisexual, transgendered &/or questioning, ages 13-20. Fri, 7:30-10 pm, & Sun, 6:30-9 pm. Location/info: 713/942-7002.

• **Houston Gay & Lesbian Parents** (HGLP) support group meets to discuss issues pertaining to today's gay families. If you have children or plan to have children, this support group can help with issues like coming out, ex-spouse problems, step relationships, etc. Child-care provided. Newsletter mailout last Wednesday of the month, monthly family activity, the 2nd Tuesday of the month, 7-9 pm. Bering Memorial UMC, 1400 Harold. More info: 713/284-4939.

• **Just For Us** (JFU) is a social and support group for youth in the 6th-12th grades who have gay or lesbian parents. Sponsored by Houston Gay and Lesbian Parents. 713/284-4939.

• **Parents, Families & Friends of Lesbians And Gays** PFLAG Houston: General meeting with small group discussions, 1st Sunday (except holidays, goes to the 2nd Sunday), 2-4:30 pm, Christ Church Cathedral, 1117 Texas Ave. Mid-month discussion group 3rd Tuesday, 7:30-9 pm, Church of the Epiphany, 9600 S. Gessner @ Bissonnet. PFLAG Houston Helpline: 713/867-9020, www.PFLAG.org.

PFLAG Galveston County: 3rd Sundays, 2 pm, AIDS Coalition of Coastal Texas, 1405 39th St., 409/744-3200 or janettexas@aol.com.

PFLAG Woodlands: 3rd Sunday of each month, 2 pm, Northwood Unitarian Church, 1370 N. Mill Bend Dr., 713/867-9020.

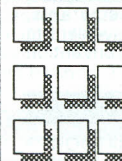
• **StreetWise Houston** is a drop-in/educational & support center for homeless, street, & lesbian youth, ages 13-24, located @ 1828 Arbor St. We provide HIV support groups, drug intervention, housing case management, & GED classes. We are seeking donations of hygiene products (deodorant, tampons, toothpaste, etc.), canned foods, furniture (beds, sofa, dining table), new socks & underwear, dishes, linens, & bus tokens. Also seeking volunteers who would like to teach life skills and/or be mentors to our young clients during afternoon or evening operating hours. For more info: Terry Mims @ 713/524-5757.

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If your information needs updating or if your organization is not included, please e-mail Ann Sieber at ann@outsartmagazine.com, call 713/520-7237, or fax 713/522-3275.

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620 BROADWAY, SAN ANTONIO, 78215