



June 28, 1970 marked the First Anniversary of the Christopher Street Uprisings, which were sparked by a raid on the Stonewall Bar in New York City. The incident gave rise to the Gay Liberation Movement in America, as discussed by Craig Rodwell in "1970" (opposite page).

The anniversary was celebrated by numerous events throughout the country, the most notable being the Christopher Street Liberation Day March in New York City. Thousands of homosexuals paraded up the Avenue of the Americas for a distance of about 3 miles, to Central Park for a "gay-in." QQ shares with its readers the event through its photographs.

Craig Rodwell and Fred Sargeant (photo at right; Fred is on the left) were instrumental in organizing the 1970 march. Contributions are needed to help promote next year's event. No amount too small. Make checks payable to "Christopher Street Liberation Day Committee," and mail to Foster Gunnison, Jr., CSLDC, Central Post Office, P.O. Box 3417, Hartford, Conn. 06103.

PHOTOS FROM "GAY FREEDOM 1970"—A PICTORIAL ESSAY ADVERTISED ELSEWHERE IN THIS MAGAZINE

50 Years Of Gay Life In America

1940

How It Was
THE GOOD OLD DAYS?

By Nate Beal

BACK when *hip* just meant a place to rest your hand; when *pot* was merely what you made a tuna casserole in; when *groove* was where you put the needle to hear your favorite Jane Froman record; when *the bomb* was understood by precious few . . . those were the days, my friend . . . or were they? Times of incredible innocence . . . and ignorance:

In this Freedom Now age, with all shades of printed information—ranging from mild 'skin classics' to hard porno—freely sold by your local dirtybookseller and even by mail, it's hard to imagine a time when the only available reading matter on the subject of homosexuality was Krafft-Ebbing, and "The Well of Loneliness" (and these had to be requested from a special shelf locked away from the general reader).

To think we got our little thrills from watching Jon Hall on the screen, and by pouring over pictures of Tony Sansone in the physical culture magazines!

Curiously, the armed services were a lot less touchy about a little deviation in the ranks in those days—mainly because no one was really conscious (Continued on page 37)

1970

How It Is
GAY LIBERATION

By Craig Rodwell

GAY power is at best a nebulous concept. To some it signifies the coming of a new day, when homosexuals will no longer bear distinctive labels or be signaled out as being significantly different from society at large—when homosexuality will be just one more sexual expression. To others gay power means liberation within an establishment framework, freedom to live freely as a society within a society, with its own rules and on its own terms. Still others are not as concerned with social acceptance as they are with sexual freedom; this group is primarily concerned with the elimination of laws forbidding sex between "consenting adults of the same sex."

The means of achieving these goals vary widely, ranging from passive dialogue in intellectual circles to Marxism to militant violence on the streets. Collectively, individuals and groups actively engaged in accomplishing the above-mentioned goals are known as the Gay Liberation Movement—and it all started in New York late one Friday evening in June of 1969.

When I arrived on the scene the police were raiding the Stonewall, at that (Continued on page 52)

1990

How It Might Be
GAY TIMES ARE COMING

By Richard Young

NEW YORK, Sept. 1, 1990 (UPU)—A hardcore band of militant heterosexuals, chanting "Straight is superior!" today momentarily seized control of the national convention of the American Social Psychiatry Organization.

Their leader, Spirochete Gagneux, identified the group as members of SCOF, Straights Combatting Offensive Fairies. Seizing the speaker's platform, Gagneux presented a list of non-negotiable demands which included \$69,000 in reparations for alleged suffering for the last 10 years at the hands of homosexuals.

"We're not saying that gay is bad," Gagneux told the startled convention, "it's just that we feel laws prohibiting heterosexual activity in private between consenting adults should be repealed."

Another SCOF spokesman, Tricia Vixen, told newsmen the protest was sparked by presentation of a scientific paper by the organization's president, Dr. Harry Chest of the Oscar Wilde School of Psychiatry in Cherry Grove, N. Y. Dr. Chest's paper called for electric shock treatment for known heterosexuals.

Wearing baggy pants and pinafores, the protesters burst into the auditorium (Continued on page 52)

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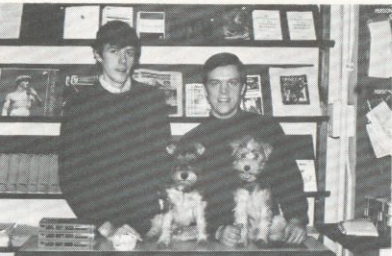
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SHED POUNDS THIS EASY WAY

(Continued from page 21)

carbohydrate grams daily, (which can be determined by referring to a gram counter; a good pocket-sized directory is published by Dell Publishing Co., Inc., 750 Third Ave., New York, N. Y., sold at most drug counters for 25¢, or available by mail... enclose 12¢ additional for postage and specify booklet No. 1057). You will find, for example, that a beef steak, no matter how large, contains .0 grams, whereas a piece of layer cake contains 54.4 grams (there goes your daily allowance!).

I'm not too fond of this diet as I've had little success with it—because, in restricting carbohydrates (I have a sweet tooth and find it difficult) I find myself rationalizing, telling myself fats are all right (and they are, in connection with the carbo diet, but in limited quantities) and overeat; I use too much butter, cream, mayonnaise—in a vain attempt to satisfy my craving for something sweet. A cup of orange juice yields 26 carbo grams, well within the allowance, but do you have any idea how difficult it is—if you like orange juice—to stop at one cup? Consequently, you end up cheating yourself; a dabble more here, a couple of drops there and that can sneak right past the 'magic number', making the diet ineffective. When the scale doesn't show a loss, frustration occurs and you dive right in again.

Whenever I commence dieting, however, I find using the carbo method the first few days invaluable in lessening my desire for sweets—because the great quantity of proteins I am allowed serves as a compensation of sorts. Then, once used to restricting sweets, I switch to counting calories—which I believe to be an absolute method of weight reduction.

THE CALORIC INTAKE METHOD OF WEIGHT REDUCTION

To some extent, the caloric reduction theory enters into the carbo gram method—in that foods high in protein (consequently, low in carbohydrates) usually yield few calories. Hence, one wonders just how efficient the carbo method is, when, in fact, weight losses might actually be caused by restricting calories—though one is not immediately aware of this when concentrating on reducing carbo grams. Here's how the caloric method works:

Liken the body's need of food to a stove's need of coal and the process will be easily understood. If you feed a stove adequate amounts of coal it will function efficiently. Feed it too much and some of the coal will not burn; a pileup will occur. The body needs a certain amount of 'fuel' to function efficiently. Overfeed it and that fuel which is not 'burned' as energy will be stored, mainly, as fatty deposits. A stove is made of iron, and while too much fuel may cause malfunctions, its unyielding body will not reveal its contents. But we humans are plastic and fatty deposits will show up, first by interlarding the outer tissues and causing a smooth look where once muscular separation was visible, then by collecting in areas which receive little exercise, i.e., the mid-section, and finally, by collecting in and

around vital organs.

The body requires fuel constantly. Even when you sleep your vital organs must be nourished in order to function properly. To determine how much fuel you need; that is, how many calories daily, multiply your ideal weight (not necessarily your present weight, or what the insurance charts dictate, but that poundage at which you look best) by the figure 20. For example, if your ideal weight is 150 pounds, you will require 3,000 calories daily in order to maintain that weight. If your metabolism (rate at which your body burns calories for energy) is high, or if you are unusually active, raise the figure to 25 or 30, or whatever, as a means of determining caloric intake required to maintain body weight. Conversely, if your metabolism is low, or if you are sloth-like, reduce the figure to learn what it takes to maintain your weight level.

If you are heavy and want to lose, then reduce caloric intake to, say, 1,000 daily until you reach your desired poundage. For every 3,500 calories consumed over maintenance calories you consume, you will gain a pound—whether accomplished in a single day or over a period of time. Similarly, for 3,500 less eaten, in a few days or many weeks, you will lose a pound (I suggest 1,000 daily when reducing because losses show up quickly and afford incentive to keep going—whether you're trying to lose a lot or just enough to acquire muscle tone).

Caloric values can be determined by consulting a listing. Dell publishes a good one (address and price same as above). Ask for booklet No. 1532. The listing which appears across the bottom of this special QQ spread on shaping up is not complete but does provide essential information.

WISE FOOD SELECTION HELPS

Choose foods wisely, striving for balance; that is, consume 70 per cent proteins, 20 per cent carbohydrates, and 10 per cent fats. Even after achieving an ideal weight you should pay attention to balanced meals, always concentrating on proteins. Imbalanced diets can cause problems, as different foods contain different essential nutrients (vitamins, minerals, etc.).

Moreover, reducing can be a hardship no matter what nutritive value foods have—if you choose unwisely. For example, chicken and fish are high protein foods but contain considerably less calories than beef and pork. Let's say you're determined to lose and decide to limit calories to 1,000 daily. For breakfast you drink a large glass of orange juice (about 2 cups), 200 calories. For lunch, two hotdogs, 700 calories. That's 900 and you haven't even thought of dinner. By dinnertime you're starving. Rationalizing, you 'think solid' and dig into a big steak, 1,000 calories. A wasted diet day; the loss will not show up, even if you did eat less than your maintenance calories. Having chosen unwisely you'll feel 'empty' and effort with no reward is frustrating and defeating.

I am not heavy, but strive for muscular definition and frequently diet in order to maintain a certain weight level. The menus accompanying this article have helped me lose as much as 3½ pounds a week. But even if you use one of the daily menus only once or twice weekly—provided you eat

normally on 'between days' (according to individual maintenance levels, discussed above)—you will lose at least a third of a pound every day you diet. My menus, by the way, have been planned carefully to include some sweets, roughage, an abundance of proteins, and—most importantly—volume; by including 'bulk foods' you will feel satisfied and be less apt to cheat. Moreover, the menus afford variety, and permit you to substitute other foods which contain the same caloric count. For example, after each serving you will find the calories contained therein. A breast of chicken is 'worth' the same as a 4-ounce serving of halibut, and both are high protein foods; hence, switching will not affect the diet.

DIET AIDS MAKE IT EASY

The Alternate Plan helps me lose without enduring starvation. I adhere to a 1,000 calorie (or less) diet three or four times a week. On alternate days I eat normally, never exceeding my maintenance count. Thus, I lose steadily and normal eating days seem like gluttonous feasts.

Eliminating Salt helps. Salt causes body tissue to retain water, thus promoting a puffy look. Cutting down speeds weight loss (water is heavy) and the visual effect serves as added incentive to keep going.

Weighing Yourself Twice Weekly (preferably in the morning, after relieving yourself) instead of every day is encouraging as losses are more easily discernible. Always weigh yourself before dieting, and never weigh yourself during the first week—as body weight sometimes fluctuates greatly while the body is in the initial stages of adjusting to smaller meals.

Avoid Restaurants when dieting. Food values are hard to determine in restaurants and calorie counting is difficult. You have no control over preparation (use of fats, etc.).

Borrow Calories whenever necessary. For example, if you're invited to dinner and don't want to reveal your diet, eat normally but make a mental note of calories consumed. Count this as a normal day—and subtract the excess the next day, whether it's a diet day or another normal one. In this way progress won't be affected.

Nibble if you must—but choose carefully. Avoid high calorie snacks. Utilize diet foods, such as low calorie desserts if you like sweets, as well as diet sodas. (Diet foods can be of great value—if you cannot bear to eat a salad without a creamy dressing, for example.) Sweet pickles are good, too; they appease your hunger tantrums and satisfy your desire for sweets—without providing lots of calories. Chewing gum also helps satisfy your craving for sweets and provides fewer than 10 calories—which can keep you from eating between meals.

Stock Up On 'Ugly Foods' if you can't stay away from your refrigerator between meals. *One man's meat is another's poison*... and it's quite true that while some guys like pigs' knuckles you might not. Stock your shelves with whatever you find revolting—brains, tongue (preferably a whole one), calves' heads, tripe, and other gory victuals. Just seeing them will cause you to slam the door shut.

Take Vitamins not only to safeguard general health, but also as insurance against Fall, 1970

fatigue, which frequently causes depression and, consequently, increases a desire for food.

HOW DOES EXERCISE FIT IN?

Exercise in itself will not cause a considerable weight loss. On the contrary, it usually stimulates appetite and makes dieting more difficult—and often helps a thin fellow gain weight. A loss in weight will help bring out shape, but for muscle tone and a limited amount of muscular development exercise is invaluable.

If you want big muscles you'll have to train hard with heavy weights (and this is not the purpose of this article), but for what I term a "hint of muscle" all you need do is exercise freehand (without weights) or with moderate poundages (light dumbbells) three times weekly. Nine simple exercises, chosen wisely to affect your major muscles, will suffice. For example, combining some freehand movements with some light dumbbell exercises, you might do overhead dumbbell presses (for the shoulders); dumbbell curls (arms); pushups (shoulders, arms, and chest); dumbbell prone (chest); chins (upper back); bend-overs (lower back); situps (abdominals); squats (thighs); and heel raises (calves). Dumbbells which weigh 15 pounds each will do, and a chinning bar can be rigged up easily. Doing one or two 'sets' (complete units of repetitions) of 15 to 20 repetitions per set every other day with two days off on the weekend will give you that hint of muscle Michelangelo's David shows with no danger of ever becoming another Hercules.

Exercise requires energy—and that means additional calories are burned. Thus, on exercise days you may consume up to 500 extra calories, depending on the severity of your workout—to replace what has been spent. If, however, you are attempting to reduce quickly, by not replacing them you will lose even more weight.

Incentive is so important. You'll reach your goal only if you want to improve badly enough—for personal satisfaction, to make a special someone happy, or to give your competition a good run. There can be no doubt that most of us seek those who are slim and shapely—and what wonders you can do with a little knowledge and self-restraint... what wonders you will reap when you shape up and join the beautiful guys!

Note: Only if you are in good health should you undertake dieting. If special conditions exist follow your doctor's advice.

1940

(Continued from page 9)

of gay life. In World War II—once it started, and which almost everyone agreed was necessary—gay guys fought alongside their straight buddies in roughly the same proportion as they held down civilian jobs. Often, a couple might become lovers, and any gay guy could make out with all his horny square buddies; almost everybody did... we just didn't talk about it.

We had gay bars, at least in the larger cities, but most of us were big on anonymous cruising; we just couldn't afford to

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give ourselves away. Consequently, there were more opportunities for impersonal sex; a closety existence forced us into railroad station johns, movie houses, hotels, restaurants across the nation which featured huge glory holes big enough to get your head through, where any guy—from a blushing school kid to a married truck driver could quickly relieve his urge . . . and no questions asked.

Every young male was scared to death of contracting venereal disease, what with the slow and painful treatment involved and social disgrace. And of getting his girl pregnant, so a lot of straight guys were willing to swing our way—and not just to experiment, but for their day-by-day relief right up until they married, and often afterwards.

Social pressures were so great that lovers were ashamed to live together, afraid of being exposed. Many fellows stayed at home with Mother rather than face the temptation of having a room where they might invite the one wrong guy who'd tell. It was easier to go out to a john for a quickie, perhaps on your knees under a partition and not even risk exposure. Today's kids don't seem to have quite the same need for this anonymous 'instant sex'; they've lost that furtiveness. If they see someone they'd like to make out with—gay or straight—they ask, or, if the occasion presents itself, grope him for a positive or negative response, seldom receiving the belt on the jaw a gay guy might have gotten for his trouble 30 years ago.

Life was strictly departmentalized: work; straight social life; and gay social life—and each department had its rules, what to wear, what to say and do . . . except, of course, the gay part of it had a hysterical sense of freedom even as it rather rigidly conformed to its own rules. There were overlapping areas, but only in certain strata of society. A gay entertainer might become the darling of the supper club set, a decorator or a dress designer, sought after by wealthy ladies—but these occupations were exceptional, and acceptance was limited.

For the most part, a gay guy lived in an underworld. It was little wonder that gay kids often thought, "I must be the only one like me in the world." If we were lucky enough to live in a town with a gay bar we could at least relax for a few hours, not necessarily making out, but 'dishing' with our friends. Bars like that, where we could meet and just socialize, are gone except for an occasional one here and there referred to by the young as 'wrinkle rooms' where stiff fags look bored and unattainable while a juke box plays Judy Garland records.

We wore whatever was in vogue with all guys; we just didn't want to stand out, to look different (in those days every young guy wore his shirt tail out, over khakis with rolled-up cuffs, and white socks and loafers). Our hair was worn short, to be inconspicuous.

We had few compensations for the loneliness and alienation of square society—a deep feeling of belonging when we were with out own kind, a sort of camaraderie, a chance to use a secret jargon which made us feel elite. (Is there anyone who recalls the expressions *jam*, which meant straight, or *belle*, meaning femme?) We even had our bitchy 'in' humor which was kept a jealously

guarded secret right up until Susan Sontag.

Perhaps it was the social pressure, but in spite of our secret brotherhood, as individuals we seldom lifted a hand to help another gay fellow in trouble. There was talk about reforming unjust laws, about educating the public to our problems, talk that never got far. Our fear of exposure, of losing our jobs and what little freedom we had, kept us from standing together in a cause, kept us suspicious and self-seeking.

In those days they called us *fruits*. The term *gay* seems to have come to us out of a dubious inheritance, *camp*. Usually credited to the homosexual in show business, it was a brittle and shallow kind of 'in' vocabulary, a kind of "it only hurts when I laugh" humor that was to yesterday's young homosexual what *soul* is to a Black today. Camp has for the most part been rejected by our 1970 brothers, unless some of the broadly parodied historical costumes we see on the streets today are an unconscious expression of it. If we must use labels—and I suspect we must as a means of communicating quickly—I have to admit I like *gay* as youngsters now use the term, simply as a means of identifying a young (masculine) guy who grooves on his gender. Nothing more, nothing less. It should be that way—for we have at long last outgrown a sadness and kind of hysterical giddiness. We have indeed come a long way.

Ed: It should be noted that the writer is a city dweller, and while his comments concerning our advancement are generally applicable to gay life everywhere in America, much of what existed in 1940 still exists today in small hamlets across the country—in spite of society's enlightened attitudes, and the great strides homosexuals have made in recent times.

MOVIE QUEENS

(Continued from page 15)



Glamorous Gloria Swanson is admired for her perennial beauty, her charm and dignity . . . at least by older homosexuals. Now gay guys are turning off on movie queens and looking up to the new breed of virile male stars.

"Come up and see me sometime!" are

doomed to the cutting room floor? Will realism replace fantasy? That depends on the fickle taste of American movie audiences and if any producer were able to predict that accurately, Hollywood would give him a gold-plated Oscar ten feet tall.

If the old-time movie queens appear to be riding off into the sunset, gay guys at least can take comfort in the new crop of more easily identifiable male stars like Jon Voight, Steve McQueen and Peter Fonda. But then, that's show biz!

THE GAY GOURMET DIETER

(Continued from page 23)

one half in the toaster and discard the other. Once toasted, 'diet-margarin' it very lightly and divide into four quarters. Place on a large plate and make a pretty picture by 'intersticing' thin tendrils of broiled ham or Canadian bacon (about 2 ounces, no more) and/or thin slices of half a hard-cooked egg. Garnish . . . even with a rose if you're feeling especially elegant! What you have is not just plebeian 'ham 'n eggs' but a truly gourmet dish. The crispy ruffles of meat, the sunshine smile of egg, the garnish and the golden slices of muffin entrance your eye and satisfy your appetite at a cost of less than 200 calories . . . and with your orange juice-in-a-wine glass the total meal yields but 254!

LUNCH WITH THE 'SONG OF THE LOON'

The gourmet breakfast should keep you humming with energy all morning. But if at noon you are tempted to 'eat lightly' with 'something tuna' or 'something cottage-cheesy', don't. Eat even more lightly and elegantly the Gourmet Dieter way. Make your lunch either *one* 'Song Of The Loon' cocktail (Ephraim's way), or *two* of same and feel like Bear Who Dreams! Here's how:

Keep a little vodka in your office and either a hot-plate or one of those ingenious little heaters you insert in liquid. Into a sparkling Old Fashioned glass, mull 3 ounces of boiling water and 1 bouillon cube. Then stir in 1½ ounces of vodka and sip slowly. Ah . . . what heart it puts into you! The bouillon supplies needed protein and the vodka effectively silences your hunger bell. And so you groove to a new sound for the rest of your work day.

However, if you are at home, and are really hungry, why not try serving yourself (with the same morning elegance) a beautiful crystal dish of cold crispy-rosy radishes and toasted bread crusts kissed by a wisp of garlic diet margarin? Or, make it prettier, and more vitamin A-filled, with rosettes of carrots? It does make a bit of noise, true . . . but carry it off with elegance and you'll be well satisfied. Or, if you wish something equally calorie low, do this: make a gourmet dish and call it

LEMON-CRUMB ASPARAGUS

1 10-ounce package of frozen asparagus spears
3 tablespoons of diet margarin
2 teaspoons lemon juice, freshly squeezed
¼ teaspoon of grated peel from the lemon just squeezed
¼ cup of dry bread crumbs, preferably crusts

Cook as directed on package. Arrange some spears on serving dish and keep warm. In the meantime, melt margarin and add lemon juice and peel. Pour 3 tablespoons over asparagus and cook crumbs in remaining liquid. Sprinkle over asparagus. Yum-m-my! How many calories for lunch? About 60!

DINNER A LA RITZ

Cocktail(s) before dinner? Try this which costs you only 80 calories per cocktail instead of the near-200 of a Martini.

CHABLIS CASSIS

4 ounces chilled Chablis (if for one cocktail)
½ ounce *creme de cassis*

Combine and serve in a very tall wine glass. If you run to beautiful, colored Baccarat, fine . . . if not, the five 'n dime store can often surprise you in this respect.

Dinner should be your most elegant meal. For one thing it is a festive time of day, and for another you have more, and more-varied, foods to select from. All this can cause you to relax your vigilance and overeat. Don't! Make dinner a super-occasion, but keep it calorie-moderate and at a high elegance.

Again, primp 'n prink as before and put on a different suit. You can even 'black tie' it and make it even more festive and elegant. But dinner poses a special problem and we give you the Gay Gourmet way of solving it. It concerns meat (a lovely thought, of course, at any time!). Here's how to eat less of it.

'Julienne' all meats like boiled ham, corned beef or any other meat served cold. Cut into the thinnest strips. If you're having steak or *filet de boeuf* slice it. Try to effect the thinnest slices. By so-called 'julienning', the palate is satisfied by what pleases the eye. Because the eye reacts warmly to the tastefulness of a geometrically-patterned (and elegant) serving, the appetite is appeased, the stomach is satisfied, and metabolism proceeds on its merry way. Thus a 4-ounce steak, thinly sliced and harmoniously arranged, eaten slowly—with all the elegance at your command—produces the same dietary satisfaction as a *full-pound* steak served as an *entity*.

And the calories saved? Approximately 800! But the important thing is that your body is completely nourished with the 4-ounce steak—equally as much as with the full pound—because *the digestive system will accept and utilize only about 40 to 50 grams of protein at any one feeding, and this your 4-ounce steak supplies*—without waste, and without adding calories to your waistline.

Now here are a few other little tips that will help you cut still more calories from dinner:

1) Use a shrimp fork instead of a dinner fork when eating the meat course because its smaller-sized tines prevent you from cutting bigger bites, and thus you will not only be satisfied with smaller amounts of your steak, but you will find yourself actually leaving some of it on your plate!

2) When sugaring coffee or tea, don't use a teaspoon but a *demo-tasse* spoon! At once you cut calories by half. And you will make a beautiful discovery . . . the less sugar you use from time to time, the more you come to not using it at all. Of course you can use Fall, 1970

saccharin which has no calories, but many persons do not wish to use it for many reasons. Generally this comes about because of using a particularly bad-tasting brand. Try Lilly's. It is bitter-free, has no metallic taste, dissolves instantaneously and has a real sugar taste—when you have used it for a while you will find you have developed an aversion to pure sugar. Because Lilly's is expensive—and not every drug store carries it—ask your druggist to order it for you.

The Gay Gourmet Plan is especially effective for gay guys who need to lose only a few pounds quickly. If you are quite obese it is most advisable to see your doctor before beginning any diet—even ours. There may be very special things you should eat, as well as omit, and only he is qualified to determine this.

But whenever you have 'Christmas pounds' or 'New Year's pounds' to lose, or when you have grown just a bit careless about how much food you eat, this Plan works wonders in a very short time. And sooner than you think your only protuberance will be that one south of the border which tells the cruising world that the swallow has once again come back to Capistrano!

Note: Only if you are in good health should you undertake dieting. Even with this safe QQ plan, if special conditions exist follow your doctor's advice.

THE SKINHEAD REVOLUTION

(Continued from page 30)

play 'Swallow The Leader' or maybe 'The Kiss Of The Whip'. Come to think of it . . . wonder if Danny gives S & M Black-and-Blue Stamps?"

Of course a transformation to leather is not everyone's style, but a shaved head almost dictates a bold or flamboyant approach. Maybe you dig the 'sexy pirate' bit . . . or go in for chains . . . or do the Harlequin thing. Or, if your head has a long, classical bone structure you may want to go to the other extreme and dress severely conservatively. This, too, can make you equally dramatic. But experiment before you decide.

If your sex life to date has been something less than orgasmic even with (or because of) your long hair . . . and if it seems further circumscribed by the expensive elegance of your mustn't-let-a-hair-get-out-of-place coiffure . . . and having decided that shaving your head might vastly improve the sexuation—fine. But proceed with caution. It is not advisable to shave your head if you have

A DEEPLY RECEDING CHIN

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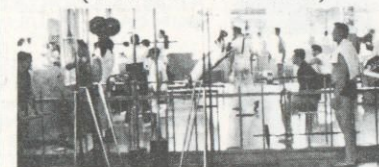
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A FREE GIFT

(Continued from page 49)

Fred will have to rid himself of the childhood notions that because sex is pleasurable it is evil. Happily enough, with a little experience, this comes (no pun intended) as naturally as an ejaculation.

The trick, in summary, is to realize that what had been a negative, Puritanical attitude toward sex can be transformed into a powerfully motivating force to shed fat and gain self respect. With that new self image of an attractive, well-integrated, groovy guy, the prophecy of sex as a magnet pulling off pounds and pulling guys into your bed becomes every bit as self-fulfilling as the old, ugly prophecy that because sex is wrong, staying obese is the only defense.

So get angry, Fat Freddie, angry enough to do something about it, and leave the bonbons for Plump Prunella.

1970

(Continued from page 9)

time the largest and most popular gay discotheque in New York City. Christopher Street, just off Sheridan Square in Greenwich Village, was mobbed with the patrons and onlookers, mostly gay. The help and some customers were being arrested for the sale and consumption of alcohol on unlicensed premises. But the gay crowd interpreted the raid as just another affront on homosexuals, and for the first time in our history united and made their feelings known publicly: "Gay Power" and "Get the Mafia out of Gay Bars" we chanted. (Because of an "unholy alliance" between some law enforcement agencies and the syndicate that controls many gay businesses, gay people are often caught in the middle when "internal conflicts" lead to raids, etc.) We flung pennies, rocks, and bottles at the police (who were greatly outnumbered), forcing them to withdraw inside the Stonewall for protection.

What happened then and on succeeding nights for the next week is now history. Thousands of gay men and women went into the streets (primarily Christopher Street) in a display of anger and determination to turn a new leaf in homosexual history. It was a beautiful sight to see hundreds of gay couples holding hands and chanting "Gay Power," closing down Christopher Street from Greenwich Avenue to Sheridan Square (about 3 city blocks) and only letting cars with gay people in them get by. To put it mildly, it was an embarrassment for the police to have to call out the Tactical Patrol Force (riot police) for 7 nights in a row to control homosexuals. There wasn't much violence—a few fires, a couple of broken store windows, some minor police injuries—but the new and entirely unexpected spirit of gay people, who for the first time in history were refusing to run and hide, was being publicly displayed.

This new pride and determination among our people was the lesson and example of the "Christopher Street Uprisings of 1969." Since then, the rapid growth of this spirit among gay men and women throughout the country has been astounding. There are now dozens of Gay Lib groups (which function under various names) in major cities across the country, as well as on 50 campuses. To

name just a few colleges which have formed homophile organizations: Northwestern University; University of Chicago; University of Illinois; University of Wisconsin; University of Minnesota; University of Michigan; MIT; Harvard University; Boston University; New York University; Columbia University; City College of New York; University of California; Stanford University.

The primary effect has been on young people, but a questioning of old fears and assumptions is also evident among the over-25 generation. Some of these are:

The idea that gay men and women must bear distinctive labels which have unattractive connotations. Helen Niehaus is the president of the Society of Anubis in California, which is one of the largest gay social groups for men and women, and she said recently: "I am not a citizen of the Isle of Lesbos. I am a female homosexual, and wish to be called such." As a direct result of Miss Niehaus' comments, the Western Regional Conference of Homophile Organizations passed a resolution urging the use of the term "male and female homosexuals" as opposed to "lesbians and homosexuals." The term "lesbian" is rapidly going the way of such labels as Negress and Jewess as more and more gay people realize the need for unity among homosexual men and women in our common cause.

The idea that gay people, of necessity, should lead a double-life to function in society. Before the Christopher Street incident it was rare to find anyone who told his or her parents, friends, and employer that he was gay. In the past year it has become quite common to hear of someone who has just declared himself. It is important, however, to point out here the thinking behind this: It is not to shock or alienate, but rather it is an expression of pride and self-respect in one's homosexual identity. (Ed: Many older homosexuals view such declarations as unthinking, as a deliberate attempt to hurt and shock by the younger generation as a means of further widening the gap between themselves and their elders.) There is a realization that the double-life idea is self-defeating and indicative of a deep-seated guilt instilled in one by a society which attempts to force on all its citizens the heterosexual life-style ethic.

The idea of role-playing in a homosexual relationship, e.g., butch and femme. What is emerging, in my opinion, is a definition of the homosexual relationship as a partnership of equals, emphasizing their commonality in personality, character, and sexual awareness. The idea of "butch" and "femme," or "husband" and "wife" roles, is clearly an intrusion of heterosexual values on the homosexual personality.

There is not, of course, unanimity among the many Gay Lib groups on any of these ideas; only time will determine whether my observations are correct or not. If I may quote Henry Hay, founder of one of the first homophile organizations, who said recently at a California Gay Lib conference: "The first (homophile) movement called homosexuals to a brotherhood of love and trust. It called on homosexuals to rediscover their collective—as well as personal—self-respect and integrity. It raised into consciousness, for the first time, the concept of the homosexual minority, complete with

its own sub-culture, with its own life-styles. It struggled to perceive—however dimly... that, in some measure, the homosexual minority actually looked out upon the world through a somewhat different window than did their heterosexual brothers and sisters... a world view neither better nor inferior....

"It took 16 years for the movement to return to that first gay liberation ideal, after a long interval of seeking respectability rather than self-respect; parliamentary individualism rather than the collective trust of brotherhood; law reform and quiet assimilation rather than a community of rich diversity within the Family of Man. One might say that they sought to be exactly the same as the DAR—except in bed."

Hay called upon his audience to "... recognize that homosexuals are and always have been, through their oppression and in spite of brainwashing, a Free People... a minority that shares each other's dream, that re-directs the aggressive fighting instincts, competitiveness and inherited animal maleness and femaleness of the parent culture into appreciation of—nay, even a lifelong passion to call forth, the grace and tenderness... the humility and compassion... (of our) shared commonality of outlook... challenging us to break loose from the lockstep expectations of heterosexual life patterns so obliterating of our own natures. Our homosexual liberation movement must consist of far-ranging communities of free spirits."

Amen.

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details on page 45.

1990

(Continued from page 9)

at the Groan House YMCA just as Dr. Hortense Heffner was reading a paper outlining the rise in recent Broadway plays and Hollywood movies depicting heterosexual behavior.

Dr. Heffner said that ever since 1980 when the Gay Freedom Affront took over the country and established stiff penalties for deviant sexual behavior, straight coffeehouses and underground newspapers had projected surreptitiously the image of straights as comic, neurotic or something to be pitied.

The doctor cited such plays as "The Lox," in which a young man and woman were shown hiding out in a Canadian fish hatchery enjoying an illicit, perverted relationship until an octopus goes berserk; "The Corporal," in which an NCO leads an older, mentally disturbed private to a whorehouse; "The Killing of Brother George"; about a TV actress with an unhealthy obsession for her motorscooter; "Misfortune and Men's Eyes," about a young convict who

is brutally ravished in a shower by a horny old prison matron; "The Straight Deceivers," about a boy who marries a girl to beat the draft; "The Boys in the Bund," which for the first time showed that neurotic, misunderstood and pathetic as they may be, straight people are still human, and "The Darned," a German translation of "The Boys in the Bund."

Dr. Heffner said the thrust of these movies was to depict straights in a compassionate, realistic manner. The danger, she said, is that sophisticates and the intelligentsia soon would look upon homosexuals as merely another minority group entitled to full civil liberties.

She said that already in some Manhattan circles it was considered chic and broad-minded to invite to cocktail parties stiff-wristed, nose-picking men and demure, fluttery women. Nightclub comedians desperate for laughs were beginning to mimic hard-hat construction workers and their frumpy little hausfraus, she said.

Dr. Chest, in his paper, proposed a revolutionary new theory that straights could be made to adjust to gay life by administering electric shocks. In his experiments at the Wilde School, patients who responded erotically to pre-1980 stag films were given a jolt, but were rewarded with poppers when they showed a favorable response to pictures of naked men.

He said that of 20 patients so treated, one successfully became a homosexual, two became woozy from sniffing too many poppers and the rest died of electrocution. He called the results promising but said

more research was needed.

A sociologist, Max Kissme, said a nationwide survey of sexual behavior showed that one of every 10 American men had latent heterosexual tendencies. He attributed this to rampant Dadaism and said it represented a public health menace second only to la grippe and the goiter epidemic of 1857.

Maj. Gen. Bully Moose, head of the Pentagon's security division, said it was well known that homosexuals represented severe risks in the areas of security, morale and KP. He said straight men just can't peel potatoes with nearly the finesse of gay boys.

The Rev. Willy Graham-Cracker, featured speaker at the banquet the previous evening, told the social psychiatrists that demands for straight rights were part of "a dirty Commie plot." He urged a return to old-fashioned degeneracy and said he was "shocked and sickened" by the upsurge of magazines showing "men and women actually making goo-goo eyes at each other."

The Rev. Mr. Graham-Cracker asserted that unless this trend were halted, all the gains of the last 10 years would be lost. "The missionary position in sexual intercourse will come back into vogue and we'll have a reversal in the downward birth rate," he warned.

At this morning's session, before the SCOF protesters burst through the doors waving pickets emblazoned with old Playboy pinups, a representative of the American Civil Liberties Repression Union said that the current life-imprisonment penalty for male-female sexual activity was an insufficient deterrent.

It was just as Dr. Chest was beginning to deliver his paper that the SCOF demonstrators ran onto the stage and began a sit-down strike. One man and woman began disrobing in preparation for that quaint old ritual known as intercourse, but an alert sergeant-at-arms managed to separate them by throwing a bucket of water on them. The group locked arms and began singing "We Shall Never Come Over."

It was at this point, however, that Dr. Chest, who had been attempting to establish channels of communication with Gagnews, noticed that the protest leader's pants were not all that baggy. Witnesses were uncertain what happened next, but agreed that Chest and Gagnews slipped behind the stage.

The police, meanwhile, arrived at the auditorium equipped with cans of amyl nitrite. Trained in riot control and under orders not to use violence, they began spraying it towards the demonstrators.

The leader of the female protesters, Miss Vixen, was suddenly seen throwing herself into the arms of the president of the Daughters of Blight. The man who had started to have sex with a woman jumped up and passionately embraced the captain of the riot squad.

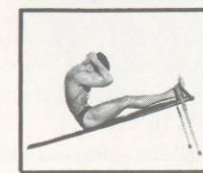
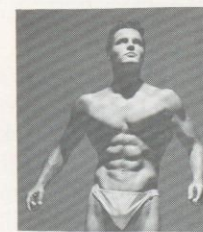
The delegates themselves became radicalized. The men began pairing off with each other and the women had a good thing going for themselves, too.

Exhausted and wearing a silly grin on his face, Dr. Chest stumbled through the orgy on stage, gasped into the microphone and declared the convention adjourned, sine die.

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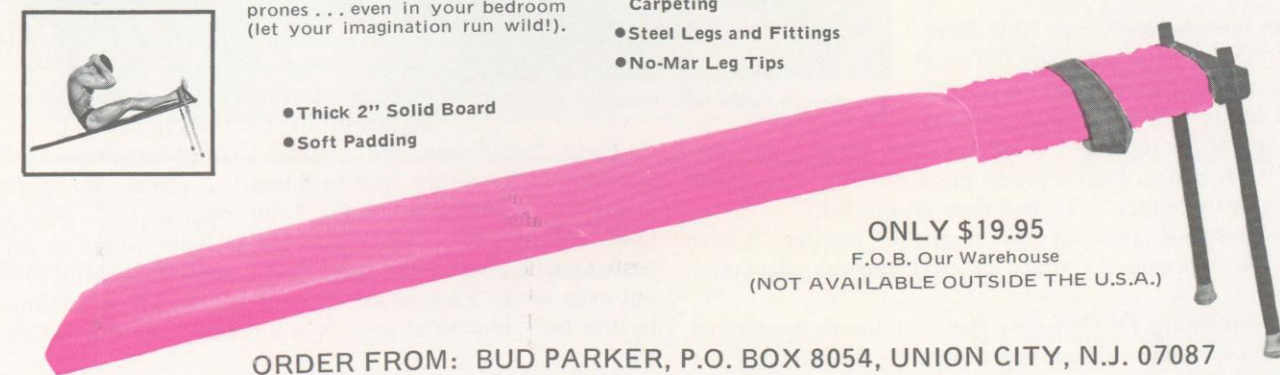
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